

**IMPORTANT: PLEASE CHECK ALL THAT APPLY**

**HEAD**

- HEADACHE
- TENSION
- SINUS (ALLERGY)
- MIGRAINES
- HEAD FEELS HEAVY
- LIGHT HEADEDNESS
- VISION PROBLEMS
- LOSS OF BALANCE
- DIZZINESS
- LOSS OF HEARING
- RINGING IN EARS

**NECK**

- PAIN IN NECK
- NECK PAIN WITH MOVEMENT
  - FORWARD
  - BACKWARD
  - TURN TO LEFT
  - TURN TO RIGHT
  - BEND TO LEFT
  - BEND TO RIGHT
- PINCHED NERVE IN NECK
- MUSCLE SPASMS IN NECK
- POPPING SOUNDS IN NECK

**SHOULDERS**

- PAIN IN UPPER ARM (R-L)
- PAIN IN SHOULDERS
- TENSION IN SHOULDERS

**ARMS & HANDS**

- PAIN IN UPPER ARM (R-L)
- TENNIS ELBOW (R-L)
- PAIN IN FOREARM, HANDS, FINGERS (R-L)
- SENSATION OF PINS & NEEDLES IN ARMS/FINGERS (R-L)

**MID-BACK**

- MID BACK PAIN
- PAIN BETWEEN SHOULDER BLADES
- PAIN IN KIDNEY AREA

**CHEST**

- CHEST PAIN
- SHORTNESS OF BREATH

**ABDOMEN**

- NERVOUS STOMACH
- CONSTIPATION  HEMORROIDS
- GAS  DIARRHEA

**LOWER BACK**

- UPPER LUMBAR
- LOWER LUMBAR
- SACROILIAC
- LOW BACK PAIN IS WORSE WHEN
  - LIFTING
  - SITTING
  - BENDING
  - COUGHING
  - LYING DOWN (SLEEPING)
  - WALKING

**HIPS, LEGS, FEET**

- PAIN IN BUTTOCKS (R-L)
- PAIN IN HIP JOINT(R-L)
- KNEE PAIN
- NUMBNESS OF LEGS, FEET, TOES (R-L)
- SWOLLEN ANKLES, FEET (R-L)

**WOMEN ONLY**

- MENSTRUAL PAIN
- CRAMPING
- IRREGULARITY
  
- HYSTERECTOMY
- MENOPAUSE
- ARE YOU PREGNANT? (Y-N)

**MEN**

- URINARY FREQUENCY
- PROSTATE PAIN/ SWELLING

**GENERAL**

- NERVOUSNESS
- IRRITABILITY
- DEPRESSED
- GERNERALLY FEEL RUN DOWN
- NORMAL HOURS OF SLEEP \_\_\_\_\_
- TEA OR SODA\_\_\_\_CUPS A DAY
- CIGARETTES\_\_\_\_PACKS A DAY
- CANCER
- DIABETES
- SURGERY\_\_\_\_\_

OTHER\_\_\_\_\_