

# CHIROPRACTIC HEALTH QUESTIONNAIRE

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ Work Phone \_\_\_\_\_  
City, State, Zip \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Birth date \_\_\_\_\_ Age \_\_\_\_\_ E-Mail \_\_\_\_\_  
Occupation \_\_\_\_\_ Social Security # \_\_\_\_\_  
Marital Status M S D W Spouse Name \_\_\_\_\_ Names of Children \_\_\_\_\_

1. Most patients are referred to our office by a caring family member or friend.  
What made you decide to visit our office? Friend/Family Member Name \_\_\_\_\_  
 Spinal Screening  Telephone Call  Sign  Presentation  E-mail
2. Research shows that your spine should be checked regularly. How many times have you visited a chiropractor in your lifetime? \_\_\_\_\_  Never
3. When was your last complete spinal examination including x-rays? \_\_\_\_\_  Never
4. Spinal misalignments cause decay and degeneration which results in grinding or cracking.  
Do you ever hear noises when you move your head or neck?  Yes  No
5. Poor posture leads to poor health and often indicates a spinal problem.  
How would you rate your posture? Poor – 1 2 3 4 5 6 7 8 9 10 – Excellent
6. Stress can cause or accelerate spinal damage. Rate your stress level over the last 90 days.  
Low – 1 2 3 4 5 6 7 8 9 10 – High
7. Please list any health symptoms or health complaints you are experiencing.  
1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
8. Prescription medications may cause various side effects to hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?  
\_\_\_\_\_
9. Auto and work related injuries can cause serious spinal problems.  
Is this visit related to an accident or injury?  Yes  No Date of Incident \_\_\_\_\_

## Insurance Information

Do you have Insurance?  Yes  No Name of Company \_\_\_\_\_  
Are you covered by Medicare?  Yes  No

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

I, parent/guardian give permission for minors care. Signature \_\_\_\_\_

*The Power that Made the Body Heals the Body!*

Please turn over & complete other side 